



FOUR SISTERS CATERING, INC.

7421 Callaghan Road ~ San Antonio, Texas 78229

(210) 349-4040 ~ (210) 349-2311 Fax

www.foursisterscatering.com

[\(Email\) foursisterscater@aol.com](mailto:foursisterscater@aol.com)

Corporate Events

*Extravagant or intimate Four Sisters Catering is here to meet all your
Corporate meal needs.*

*We have been servicing the medical industry and other fine establishments of
San Antonio for over thirteen years with great success!*

*Some of our packages we have to offer include: Full Service for Banquets,
meetings, Business luncheons, office parties, graduation parties and holiday
parties.*

*If you prefer we can provide hot or cold box lunches as well as dinners for
you take home if you are not in the mood to cook or would like to give mom
the night off!*

*If you are of the health conscience we have delicious low fat, low sodium
organic, vegetarian and vegan menu items for the heart healthy.*

Come in our door is always open!

Looking forward to hearing from you soon!

Michele West

Owner and Executive Chef

FOUR SISTERS CATERING, INC.

CORPORATE MENU

Nicole's Salads and Pasta Salads

(minimum of 8)

Served with garlic bread

French Market Salad with Blackened Grilled Chicken

Iceberg & green leaf lettuce, fresh roma tomatoes, green bell peppers, black & green olives, feta cheese and homemade croutons, topped with our homemade dressing.

Italian Pasta Salad with Grilled Chicken

Fusilli pasta, black & green olives, fresh green beans, zucchini, roma tomatoes, red bell peppers and green onions tossed with a homemade creamy Italian dressing.

Blackened or Grilled Chicken Caesar Salad

Romaine lettuce, grilled or blackened chicken tenders, homemade caesar dressing and croutons.

Greek Pasta Salad with Grilled Chicken

Large shell pasta, sun-dried tomatoes, cucumbers, purple onions, pepperoncini peppers, calamata olives and feta cheese tossed with a red wine vinaigrette and grilled chicken.

Bar-B-Que Chicken Salad

Mixed greens, pepperoncini peppers, green onions, sun-dried tomatoes, monterrey jack and cheddar cheeses, grilled chicken strips with our special creamy Bar-B-Que dressing.

Arabic Pasta Salad with Grilled Chicken

Tri-colored shells, roma tomatoes, chick peas, alfonso olives, green onions and fresh mint tossed with a blend of spices in a lemon garlic vinaigrette and grilled chicken.

Mexican Pasta Salad with Grilled Chicken

Penne pasta, black beans, corn, roma tomatoes, red bell peppers, jalapenos, purple onions and cilantro, tossed with a Mexican lime vinaigrette and grilled chicken.

Tomato Basil Pasta Salad with Grilled Chicken

Spaghettini pasta, roma tomatoes, fresh basil and garlic sautéed in olive oil with grilled chicken.

Oriental Pasta with Grilled Chicken

Orzo pasta, snow peas, water chestnuts, roma tomatoes, red bell peppers and green onions tossed with a sesame vinaigrette and tender grilled chicken.

Tiffini's Hot Lunches

(minimum of 8-12 pp each)

Includes entrée, fresh garden salad and garlic bread.

Grilled Chicken Chardonnay

Our signature dish!

This is a one-dish wonder! Penne pasta, fresh spinach, roma tomatoes and sautéed mushrooms in a delectable light Chardonnay cream sauce.

Blackened Chicken Fettuccini

Alfredo

Grilled blackened strips of chicken breasts and fettuccini pasta smothered in a creamy homemade Alfredo sauce.

Homemade Meat Lasagna (min order 12)

(Half Pan)

This hearty meal is delicately prepared with layers of ricotta, mozzarella and Parmesan cheeses, Lean Homemade Italian sausage and Ground Beef served in our own marinara sauce.

Spinach & Wild Mushroom

Lasagna

(min order 12)

(Half Pan)

Fresh Spinach and Sautéed Mushrooms layered with ricotta, mozzarella and parmesan cheeses served in our Chardonnay Cream Sauce.

Stacked Beef & Cheese Enchiladas

(min order 12)

(Half Pan)

Homemade enchilada chile sauce with spicy beef, layered with corn tortillas, monterrey, jack & cheddar cheeses. Served with Spanish rice, and Salad

Stacked Chicken Enchiladas Verdes

(Half Pan)

min order 12

Homemade green sauce with tomatillos layered with grilled chicken, monterrey jack cheese and served with Spanish Rice, and Salad

Grilled Lemon Butter Chicken w/ Rosemary

Grilled strips of chicken breast covered in a tangy lemon butter sauce. Served with a rice pilaf or pasta.

Roasted Beef or Grilled Chicken Monteleone

Chicken ~ Beef

Seasoned and Roasted beef tips or Grilled chicken covered in a mushroom wine sauce over a rice pilaf.

Chile' Relleno Casserole (min order 12)

(Half Pan)

Layers of Seasoned Beef, Corn Tortillas, Monterrey Jack and Green Onions with Poblano Cream Sauce. Served with Spanish Rice, and a Mexican Salad with cilantro dressing

Queso Grilled Chicken

This awesome twosome of grilled breast of chicken strips covered in our homemade chili con queso is the perfect combination to make anyone shout Ole! Served with Spanish rice, & tostadas.

Chicken Tettrazzini

Creamy white wine sauce, linguini pasta and mushrooms served casserole style with slow simmered chicken.

Poblano Chicken

Grilled chicken strips covered in a creamy sauce with poblano peppers and spices served over a rice pilaf or pasta.

Grilled Chicken Pesto

Tender Grilled chicken with pasta in a rich Creamy pesto sauce.

With Shrimp

Grilled breast of chicken or shrimp in our rich etouffee sauce served with rice pilaf.

Etouffee'
With Chicken

Chicken Pot Pie (serves 12)

Roasted Chicken, English Peas, Baby Carrots and New Potatoes in a Country Cream Sauce

Meat Balls with Pesto Cream Sauce

Hand Rolled meatballs with Basil Pesto cream sauce served over Rotini Pasta

Monique's Soups & Sandwiches

Soup

Served with fresh garden salad and garlic bread.

(minimum order of 10 each)

Tortilla Soup
Shrimp & Corn Chowder
Red Beans & Rice
Homemade Chicken Noodle
Broccoli Cheese
Seafood Gumbo
Cheeseburger Soup (Awesome!)

Hot Sandwiches

(minimum 10 each)

New Orleans Muffuletta
Hot Po-boy (Ham, Salami, Provolone, Chow-Chow)

Gourmet Sandwich Trays

Includes chips and pickle spears

(Minimum order of 10)

Turkey Breast & Swiss
Ham & cheddar on rye
Roast Beef & Horseradish Cheddar
*Tuna Salad on honey wheat with cheese
*Homemade Pimento cheese on Pumpernickel
*Chicken Almond Salad on Croissant
*Turkey, Spinach, Bacon & Egg Salad

BOX LUNCHEES ALSO AVAILABLE!!

(* Minimum of 10 per total order

Tanya's Gourmet Cookies & Desserts

Homemade Cookies

Power cookie
Toffee Crunch
Chocolate Macaroon
Black & White Chunk
Oatmeal Raisin
White Chocolate Macadamia
Peanut Butter
Maple Pecan

Beverages

Assorted Chilled Sodas
Bottled Water
Cold Brew Tea w/ Ice

Chef Michele caters to many specialty diets including Low Carb, Low Fat, Gluten Free, Low Sodium, Vegetarian, Vegan, Organic, etc. going green!

Homemade Pies (9-inch) – Serves 6-8

Chocolate Pecan Chocolate
Key lime
Cheesecake Pie
Buttermilk Pecan

Deluxe Pies (1/2 Pan) – Serves 15-24

Key Lime
Voodoo Pie

Dessert Bars – (Minimum 8 each)

Mixed Berry, Lemon, Key Lime,
Chocolate Pecan, Bono Bars, Blueberry,
Blackberry, Apple, Peach

Assorted Trays

Minimum 10 pp.

Seasonal assorted fruit traypp
Assorted Vegetable tray
w/Dipping sauce
Domestic & Imported Meat/Cheese tray
(Meat & Cheese only)
Assorted Homemade Breakfast
Pastry Tray

****Ask about our delivery prices to your area starting at \$10.00!
We require a 24-hour notice for cancellations**

MICHELE YAMIN
Owner & executive chef
FOUR SISTERS CATERING, INC



*“FROM OUR FAMILY TO YOURS”
The Yamin sisters offer you a unique style of cooking.
Enjoy!*